



# CHELSEA COMMUNITY RESOURCE GUIDE



MassGeneral Hospital  
*for Children*™



MASSACHUSETTS  
GENERAL HOSPITAL

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CHELSEA  
HEALTHCARE CENTER

## AFTER SCHOOL PROGRAMS

### East Boston Social Center

After school programs (ages 5-13) and early learning program (2 m.o.-5 y.o.)  
Transportation to/from provided for Chelsea, Revere & East Boston families. Call to enroll.  
(617) 569-3221 ext 109 or 120  
M-F 7:30am-6:00pm

Central Square: 68 Central Square, East Boston  
Orient Heights: 171 Faywood Ave., East Boston  
<https://www.ebsoc.org/>

### For Kids Only

After school program at all schools in Burke complex. Frank M Sokolowski Elementary School (781-732-0406) George F. Kelly Elementary School (781-732-0308)  
<https://tinyurl.com/y2hvx4m9>

Youth in Motion program for youth ages 5-14 in Chelsea, Revere, Everett, East Boston.  
Call to enroll your child. Vouchers available.  
(781) 289-6655 | 85 Broadway, Revere  
<https://tinyurl.com/y473hwwm>

### CAPIC Programs

After school, ages 5-12. Transportation to/from for Chelsea and Revere families | (617) 889-9929 ext 4207 and 4208. <http://www.capicinc.org>  
Pre-school headstart, ages 3-5 | (617) 889-5690  
[http://www.capicinc.org/Eng/E\\_HeadStart.html](http://www.capicinc.org/Eng/E_HeadStart.html)  
Summer program, ages 5-13 | (617) 889-9929  
[http://www.capicinc.org/Eng/E\\_SummerCamp.html](http://www.capicinc.org/Eng/E_SummerCamp.html)  
100 Everett Avenue, Unit 14 Chelsea

### Mass 2-1-1

Call 2-1-1 for child care options and vouchers, health insurance information, emergency housing and food assistance.  
<https://tinyurl.com/y3qmjb7t>

### Salesian Boys & Girls Club of East Boston

After school program for all ages: homework help, sports, art, music, science club, cooking club, teen program. Summer camp ages 6-14.  
(617) 567-6626 | M-F 9am-5pm.  
150 Byron St., Boston  
<http://www.salesianclub.com/our-impact>

### Jordan Boys & Girls Club of Chelsea

Activities for children and teens: painting, climbing wall, pool, music studio, gym, library, homework help, and free dinner served every night. \$25/year for ages 6-12; \$5/year for ages 13-18. Financial help available.  
(617) 884-9435 | M-F 2-8pm  
30 Willow St., Chelsea  
<https://www.bgcb.org/find-your-club/jordan-club/>

### Chelsea Desea Soñar, Chelsea Wants to Dream

Afterschool arts exploration program for immigrant students ages 10-14.  
(617) 889-6080 | Mon-Thurs 3:30-5:30pm  
Chelsea Collaborative: 318 Broadway, Chelsea  
<https://www.chelseacollab.org/about-4>

### Salvation Army Kids Club

Afterschool, school-vacation and summer program for students Kindergarten—age 12. Transportation provided from Burke Elementary Complex and Early Learning Center. Financial help available. Call to enroll your child. (617) 884-6080.  
Salvation Army, 258 Chestnut St., Chelsea

### East Boston Ecumenical Community Council

Free afterschool program (2-6pm) for high schools students: homework help, English and math classes, computer room, sports.

Low-cost immigration services, English, GRE and citizenship classes.

Visit site in person to sign up.

(617) 569-2750 | 276 Meridian St., East Boston

<https://ebecc.org/>

### REACH Program

After-school program for students grades 7-10 held Mon-Thurs 2:30-6:00pm. Gym activities, homework help, college prep. To join, students must speak with guidance counselor and apply.

REACH also offered during the summer and other school vacations | (617) 466-5216

<https://www.chelseaschools.com/cps/programs/after-school-activities/reach-program.htm>

## NUTRITION

### Bread of Life - Evening Meals

Free evening meals *open to all, no registration needed*. You do not have to live in Malden.

Tues, Wed, Thurs, Fri 5:15-6:30pm.

(781) 397-0404

First Baptist Church 493 Main St., Malden

<https://tinyurl.com/y6yc5fge>

### Fresh Truck for Fruits & Vegetables

Stop by the fresh truck in Charlestown and East Boston for affordable fruits & vegetables. Pay with cash, credit, SNAP. *Open to all. No ID or registration needed*. (617) 297-7685

Charlestown (150 Medfort St): Mon 11am-2pm

& Thurs 3-6pm. East Boston (Maverick Sq, 201

Sumner St): Mon 3-6pm & Tues 3-5pm.

<https://tinyurl.com/y665sukm>

### First Congregational Church Revere

Food Pantry Wed 7:00pm - 8:30pm.

(781) 284-4158 | 230 Beach St., Revere

### First Congregational Church Chelsea

Food pantry (\$2 a bag) held 12-2pm first Saturday of month.

(617) 884-0949 | 26 County Rd., Chelsea

### Revival International Center, Chelsea

Pantry held Mon 10am-2pm & Fri 6-7pm

(857) 724-8471 | 278 Broadway, Chelsea

### Elliot Resource Center (FRC) Everett

Food pantry *open to all, no ID needed*.

Mon-Fri 10am-3pm | (781) 581-4750

548 Broadway (Maple Ave. entrance)

### Fair Foods \$2 Bag Program

Receive a large bag of fresh produce for \$2.

*Open to all. No ID needed.* (617) 288-6185

Charlestown Kennedy Center (55 Bunker Hill St.): Every Thurs 2-3:30pm

East Boston every other Friday at 120 Liverpool St 2:30-4:00pm & 600 Border St. 2-4pm

<http://www.fairfoods.org/dollarbag.html>

### Chelsea Salvation Army

Food Pantry for Chelsea, Revere, East Boston and Winthrop residents. Mon, Tues, & Thurs 9am-12pm. Must call to make appointment and bring photo ID.

*Open to all, no ID needed:*

Fresh produce (Wed 12pm)

Community Kitchen (weekdays 12pm)

<https://tinyurl.com/yyo2xsty>

(617) 884-0260 ext 201

258 Chestnut St., Chelsea

### **Malden Salvation Army**

Food Pantry for Malden, Medford, Everett, Melrose residents. M-F 10am-2pm. Must call to make appointment before visiting pantry.

Emergency Financial Assistance for utility bills, rent, clothing.

Summer Camp for youth 6-16. \$50 for 1 week. (781) 324 1970 | 213-219 Main St., Malden  
<https://massachusetts.salvationarmy.org/ma/mvyneedhelp>

### **Saint Luke's Church Food Pantry**

Food pick-up: Sat 9-12pm. Must visit church on Saturdays (12-1pm) to set up appointment before receiving food.

Community Dining: Sat 9-10am (breakfast), Sat 11am-12pm (lunch). *Open to all. No appointment needed.*

(617) 884-4278 | 201 Washington Ave., Chelsea  
<https://tinyurl.com/yvtq8x4h>

### **Chelsea WIC Program**

Located in: MGH-Chelsea HealthCare Center  
Parent support groups and resources for child care, adult education, employment.

(617) 887-4340 | 151 Everett Ave, Chelsea.  
<https://www.chelseareverewicprogram.com/resources-for-parents>

### **Project Bread FoodSource Hotline**

Call for food resources near you.  
800-645-8333 | M-F 8am-7pm; Sat 10am-2pm  
*During the Summer* download SummerEats app or text "FOOD" or "COMIDA" to 877-877, or visit [www.meals4kids.org](http://www.meals4kids.org)

*To see if you qualify for SNAP, see here:*

<https://dtaconnect.eohhs.mass.gov/screening>

### **Food For Families**

Food for Families at MGH Chelsea connects patients with local food pantries, community meals, SNAP. Referral is needed, ask your child's doctor for more information.

### **Grace Federated Church**

East Boston residents may visit 1/month & take home several bags of food. Sat. 10am-12pm  
(617) 569-5358 | 760 Saratoga St., East Boston  
<https://tinyurl.com/yy6mkrct>

### **Crossroads Family Center**

For East Boston residents only. Pantry held Sun & Wed 3-4pm.

(617) 567-5926 ext 15  
56 Havre St., East Boston  
<https://tinyurl.com/yyycgoql>

### **Help applying for SNAP/Food Stamps. Neighborhood Developers/CONNECT**

Apply for WIC/SNAP | M-F 8am-5pm  
(617) 889-1375 ext 128 | 4 Gerrish Ave  
ABCD Malden (781) 321-2501  
11 Dartmouth St., Suite #104, Malden  
ABCD East Boston (617) 567-8857  
21 Meridian St., East Boston

### **Department Transitional Assistance (DTA)**

Apply for SNAP/food stamps, cash benefits, emergency housing, job assistance.

Chelsea (617) 551-1700 | M-F 8am-5pm  
80 Everett Ave., Chelsea  
Malden (781) 388-7300 | M-F 8am-5pm  
245 Commercial St., Malden

*DTA free mobile app:*

<https://www.mass.gov/how-to/download-the-dta-connect-mobile-app>

## FOOD RESOURCES IN THE SUMMER

### Revere Farmer's Market

July-October. Fri 12:30 PM-4:30PM  
(781) 286-8172 | 249 Broadway, Revere  
Pay cash, credit, debit, WIC & SNAP coupons.  
<https://tinyurl.com/y57etamu>

### Chelsea Summer Food Service Program

Free breakfast & lunch for ages 1-18. See website for all food site locations and hours.  
<https://www.chelseama.gov/home/news/summer-food-program-location-hours>  
(617) 466-4000 | M-F hours depend on location.

### East Boston Farmer's Market

July-October. Wed 3:00-6:30 pm.  
Pay cash, credit, debit, WIC & SNAP coupons.  
(617) 568-4783 | <https://tinyurl.com/y93hhewn>  
Central Square Park, 201 Border St, East Boston

### Revere Summer Food Service Program

Free lunch for all children June-Aug. Call or see website for all times & locations.  
(781) 286-8190  
[www.revererec.org/summer-food-service-program](http://www.revererec.org/summer-food-service-program)

## PHYSICAL ACTIVITY

### East Boston YMCA

Swimming, basketball and other family activities. 617-569-9622 | M-F: 5:30am-9:00pm  
Sat-Sun 7am-7pm | 215 Bremen St., Boston  
<https://ymcaboston.org/eastboston>

### Malden YMCA

Activities for all ages. Healthy Weight and Your Child Program for families & children 7-13 y.o.  
(781) 324-7680 For financial help: ext.221  
Mon-Fri 5:30am-10:00pm  
Sat 7:00am-8:00pm, Sun 7:00am-6:00pm  
99 Darmouth St., Malden  
<https://www.ymcamalden.org/classes-programs/join-us>

**Boston Centers for Youth and Family (BCYF):**  
**Pino Community Center** Gymnasium, fitness center, teen center, soccer and basketball programs. M-F: 6:30am-9pm, Sat: 9am-5pm  
(617) 635-5120 | 86 Baordman St., Boston  
<https://www.boston.gov/departments/boston-centers-youth-families/bcyf-pino>

### MGH Stay in Shape Program

Free after-school program offered at Charlestown, Chelsea and Revere public schools: Rumney Marsh | Clark Avenue | Eugene Wright Science & Technology | Clarence R. Edwards | Harver-Kent Elementary | Chelsea and Revere High School.  
Call to enroll your child. (781) 485-6477  
<https://www.massgeneral.org/community-health/cchi/community-health-associates/stay-in-shape>

### MGH Revere Youth Zone

Free after-school program for youth in Revere and nearby communities. Visit website for registration forms (English, Spanish, Arabic) and call with questions or to sign up.  
(781) 548-3723 | M-F 2:30-6:00pm  
300 Broadway, Revere  
<https://www.massgeneral.org/revere/youth-zone/mgh-revere-youth-zone.aspx>

### **Boston Centers for Youth and Family (BCYF): Paris Street Community Center**

Gymnasium, fitness center, indoor pool, rock climbing, martial arts, baseball & more.

(617) 635-5125 (community center)

(617) 635-1409 (pool)

M-Sat 6:30am-9pm, Sun 9am-5pm

112 Paris St., East Boston

<https://www.boston.gov/departments/boston-centers-youth-families/bcyf-paris-street>

### **Park L—Northern Strand Community Trail**

Walking trail and bike path in Everett

### **Chelsea Recreation**

Low-cost activities for all ages. See program guide on website for all activities. Chelsea City Hall, 500 Broadway. (617) 466-4090

<https://recreation.chelseama.gov/>

### **Revere Recreation**

Low-cost sports & after school programs for all ages: basketball, swimming, music classes & more. (781) 286-8190

Sports program:

<https://www.revererrec.org/sports-programs>

All programs: <https://www.revererrec.org/copy-of-therapeutic-programming>

Programs held at different location and time.

Parks & Rec Office: 150 Beach St.

### **Chelsea Community Center**

Basketball court open to all. Children must be accompanied by parent. \$3 for ages 2-17; \$9 for 18+.

(617) 884-8776 | M-F 9am-9pm, Sat-Sun 9-5pm  
207 Shurtleff St., Chelsea

### **Revere Aquatics**

Swimming Classes for all ages.

(781) 284-7865 | 176 Garfield Ave., Revere

<https://www.revereaquatics.com/>

### **Free Open Gym**

Williams and Clark Avenue School gyms. Sports equipment available. Children under 12 must go with adult. Fridays 4-5pm.

Call (617) 466-5233 for other weekday hours.

### **Healthy Chelsea- Parks and Recreation**

List of playgrounds, parks and family activities:

<http://healthychelsea.org/resources/cat/parks/>

More Healthy Chelsea resources:

<http://healthychelsea.org/resources/>

### **Revere Parks and Facilities**

<https://www.revererrec.org/facilities>

### **Malden Parks and Facilities**

<https://www.maldenrec.com/info/facilities/default.aspx>

### **East Boston Parks & Playgrounds**

<https://www.boston.gov/departments/parks-and-recreation/popular-playgrounds-and-parks-boston>

### **Outdoors Rx**

Free outdoor program for families & children.

Visit website to see upcoming activities and sign-up for weekly emails. [Outdoorsrx.org](http://Outdoorsrx.org)

(617) 523-0636 | (617) 391 6632

### **Tenacity Tennis Summer & Reading program**

**(STRP)** Free & open to all Boston residents ages 6-16. STRP takes place at 23 different sites around Boston. Registration begins in April.

(617) 562-0900

<https://tenacity.org/strp-boston/>

## HOUSING & UTILITIES

### **The Neighborhood Developers/CONNECT**

Affordable housing programs

<http://theneighborhooddevelopers.org/>

(617) 889-1375 | M-F 8:30am-5pm

4 Gerrish Ave., Chelsea

### **Neighborhood of Affordable Housing**

English classes, finance classes in English and Spanish, rental housing counseling, foreclosure prevention classes, & emergency housing assistance program.

(617) 567-5882 | M-F 9am-5pm

143 Border St., East Boston

<https://noahcdc.org/?q=programs>

### **Housing Families Inc.**

Emergency shelter, affordable housing, after school tutoring and homework help.

(781) 322-9119 | Mon-Fri 9am-5pm.

919 Eastern Ave., Malden

<https://housingfamilies.org/resources/other-services/>

### **CAPIC**

Fuel assistance and weatherization (LIHEAP) for Chelsea, Revere and Winthrop families.

(617) 884-6130 | 100 Everett Ave. Unit 14

[http://www.capicinc.org/Eng/E\\_FuelAssistance.html](http://www.capicinc.org/Eng/E_FuelAssistance.html)

### **Action for Boston Community Development**

Housing, fuel, tax assistance, immigration services, clothing, food stamps/SNAP, job fairs, summer employment programs for teens.

All housing services:

[https://bostonabcd.org/service\\_categories/housing/](https://bostonabcd.org/service_categories/housing/)

#### **ABCD East Boston**

(617) 567-8857 | Mon 11am-5pm, Tues-Fri:

9am- 5pm | 21 Meridian St., East Boston

<https://bostonabcd.org/location/east-boston-apac/>

#### **ABCD Malden**

(781) 321-2501 | Mon 10am-5pm, Tues-Fri 9am-5pm | 11 Dartmouth St., Suite #104, Malden

<https://bostonabcd.org/location/mystic-valley-opportunity-center/>

### **MA Emergency Assistance Shelter**

All MA residents may call to apply for Emergency Housing. Visit website for requirements. (617) 573-1106

<https://www.mass.gov/how-to/find-emergency-family-shelter>

### **Local Housing Authorities**

Affordable housing & self-sufficiency programs:

**Chelsea** (617) 884-5617

Mon, Tues, Thurs 8:30am-4:00pm

Wed 8:30am-7:30pm

Fri 8:30am-12:00pm

54 Locke St., Chelsea

<http://www.chelseaha.com/>

**Revere** (781) 284-4394

Mon-Thurs 8:00am-4:30pm

Fri 8:00am-1:30pm

70 Cooledge St., Revere

<http://www.revereha.com/#top>



### Mass Legal Help—Housing Rights

Call for referral and legal information on housing, employment, immigration & benefits. (617) 603-1700

<https://www.masslegalhelp.org/housing-homelessness>

### Greater Boston Legal Services (GBLS)

Free legal assistance on civil (noncriminal) matters to residents of Boston & surrounding areas. (617) 371-1234 | 1-800-323-3205

197 Friend St., Boston  
<https://www.gbls.org/>

## SOCIAL SERVICES & HEALTHCARE

### City of Everett Office of Human Services

Receive information on SNAP, fuel assistance, evictions, food pantries, housing, physical activity, and other helpful programs for all Everett residents.

Mon-Thurs 8am-5pm, Fri 8am-12pm  
(617) 394-2260 | 90 Chelsea St., Everett

<http://www.cityofeverett.com/204/Human-Services>

### Chelsea Collaborative

English classes, immigration services & more. *Chelsea Gets Ready* (employment program for youth and adults) | *Girls Empowerment Group* (ages 13-21) free, meets Saturdays 2-4pm. (617) 889-6080 | 318 Broadway, Chelsea  
<https://www.chelseacollab.org/programs>

### Chelsea Community Connection Coalition

Kids Clothes Closet Tues, Wed, Thurs 10am-3pm. Nurturing Program: classes for parents and children. (617) 889-7100 | 113 Hawthorne St., Chelsea  
<http://www.chelseacc.org/services.html>

### Women Encouraging Empowerment, Inc.

English classes, job training, academic counseling. (781) 284-4251 | Mon-Fri 9am-5pm  
50 Walnut Ave., Revere  
<http://www.weewomen.org/programs.html>

### ROCA

Program to help young men and women succeed and avoid jail. <https://rocainc.org/>  
(617) 889-5210 | 101 Park St., Chelsea

### CAPIC

Workforce Development Program

(781) 629-2608

Hospitality Training Program

(857) 334-3406. Both programs held at Irene O'Connell Community Center, 65 Nahant Ave.

### MassHire Career Center at CONNECT

Free credit reports, financial coaching, resume help, job fairs, English & GED classes, college application assistance.

(617) 884-4333 | (617) 545-8310

Mon-Th 8:30AM-4:30PM, Fri 9:45AM-4:30PM.  
4 Gerrish Ave., Chelsea, MA

<https://masshiremncareers.com/resources/>

### Living Tobacco Free

Free one-on-one coaching in English, Spanish & many other languages. Appointments at MGH Chelsea, Revere, Charlestown and Everett HealthCare Centers. (781) 485-6210

<https://www.massgeneral.org/community-health/cchi/community-health-associates/living-tobacco-free>

### English Classes at ABCD

Free ESOL classes for all MA residents. (617) 241-8866 | 617-348-6000



### Elliot Center at Everett

Mental health and substance use recovery services to children, adults, and families.  
Mon-Thurs 9am-8pm, Fri 9am-5pm  
(781) 388-6200 | 173 Chelsea St., Everett  
<https://www.eliotchs.org/services/outpatient-services/>

### CleanSlate Outpatient Addiction Medicine

(617) 874-4160 | Mon, Tues, Thurs 9am-5pm,  
Wed 9am-8pm, Fri. 9am-2pm  
82 Paris St., 3rd Floor, East Boston  
<https://www.cleanslatecenters.com/east-boston-massachusetts>

### Bunker Hill Community College

Free English classes, High School Equivalency Assessment (HiSET) preparation in Spanish and English | Call to enroll. (617) 228-3341  
70 Everett Ave. (Room 336), Chelsea

### Chelsea Intergenerational Literacy Program

English and reading classes for parents and HiSET (High School Equivalency Exam) preparation in Spanish. Call for class hours.  
(617) 466-5154 | 99 Hawthorn St.  
<https://www.ilpchelsea.com/>

### East Boston Harborside Commuinity School

English classes, computer classes, and more.  
(617) 635-5115 | 312 Border St., East Boston  
<https://sites.google.com/site/eastbostonharborside>

## ADDITIONAL INFORMATION

### Recipes

Visit websites for healthy, low-cost recipes:  
<http://cookingmatters.org>  
<https://www.chopchopfamily.org/>

### Healthy Chelsea Resource Guide

<http://healthychelsea.org/resources/>

### Free Cell Phone Programs

Assurance Wireless  
<http://www.assurancewireless.com/>  
Safe Line Wireless  
<http://www.Safelinkwireless.com>

### Learn about Social Determinants of Health:

Spanish: <https://tinyurl.com/y39vt2cv>  
English: <https://tinyurl.com/y65xcf5a>

### 24/7 Mental Health Helplines

Crisis Text line: Text “Brave” to 741-741 for any sort of crisis. A trained counselor will receive the text and respond from a secure online platform. National Suicide Prevention Lifeline: Call 1-800-273-TALK (8255) to be connected to the closest crisis center in your area. *All lines free & confidential.*

### MGH Clay Center for Young Healthy Minds

Free, online educational resource to support mental, emotional, and behavior well-being.  
<https://www.mghclaycenter.org/topics/>

### MGH ARCH Resources [www.arch-mgh.org](http://www.arch-mgh.org)

Learn about health information & community resources for adults, families and youth of all ages. (781) 485-6400.

Visit [www.c4hprogram.com](http://www.c4hprogram.com) for more program information and resources for your family.

