



EVERETT COMMUNITY RESOURCE GUIDE



AFTER SCHOOL PROGRAMS & CHILD CARE

For Kids Only

Youth in Motion program for youth ages 5-14 in Chelsea, Revere, Everett, East Boston. Call to enroll. (781) 289-6655 | 85 Broadway, Revere. fkoafterschool.org/programs/youth-in-motion/

CAPIC Programs

Afterschool ages 5-12. Transportation to/from for Chelsea and Revere families. (617) 889-9929 ext 4207 and 4208.

<http://www.capicinc.org>

Pre-school headstart ages 3-5 | (617) 889-5690

http://www.capicinc.org/Eng/E_HeadStart.html

Summer program ages 5-13 | (617) 889-9929

http://www.capicinc.org/Eng/E_SummerCamp.html

100 Everett Ave., Unit 14 Chelsea

Head Start & Early Head Start at ABCD

Comprehensive child care services (ages 0-5) and parenting support. Head Start offered at Action for Boston Community Development (ABCD) in Malden, Everett, and other Greater Boston areas. Central office: (617) 348 6388 Malden: (781) 397 8071 | 359 Commercial St. Everett: (617) 294 2497 | 11 Liberty St.

<https://bostonabcd.org/service/head-start-childrens-services/>

Mass 2-1-1

Call 2-1-1 for child care options and vouchers, health insurance information, emergency housing and food assistance.

<https://tinyurl.com/y3qnmjb7t>

Chelsea Desea Soñar, Chelsea Wants to Dream

Afterschool arts exploration program for immigrant students ages 10-14.

(617) 889-6080 | Mon-Thurs 3:30-5:30pm

Chelsea Collabroative: 318 Broadway, Chelsea

<https://www.chelseacollab.org/about-4>

West Medford Afterschool Youth Club

Open to Medford students ages 10-14/grades 4-8. Mon-Fri school dismissal-6pm: homework help, physical activity, peer mentorship. (781) 483-3042 | 111 Arlington St., Medford <http://wmcc.us/after-school-youth-group/>

Malden Teen Enrichment Center

Activities for students ages 12 & up: access to gym space, homework help, field trips and volunteering opportunities. To become a member, students must: live or attend school in Malden and complete an application.

(781) 397-7234 ext 781 | M-F 2pm-9pm

1 Salem St., Malden

<https://www.cityofmalden.org/611/Teen-Enrichment-Center>

Jordan Boys & Girls Club of Chelsea

Activities for children and teens: painting, climbing wall, pool, music studio, gym, library, homework help, and free dinner served every night. \$25/year for ages 6-12; \$5/year for ages 13-18. Financial help available.

(617) 884-9435 | M-F 2-8pm.

30 Willow St., Chelsea

<https://www.bgcb.org/find-your-club/jordan-club/>

Salvation Army Kids Club

Afterschool, school-vacation and summer program for students Kindergarten to age 12.

Financial help available. Call to enroll your child 258 Chestnut St., Chelsea | (617) 884-6080.

NUTRITION

Elliot Resource Center (FRC) Everett

Food pantry *open to all, no ID needed.*
(781) 581-4750 | Mon-Fri 10am-3pm
548 Broadway (Maple Ave. entrance)

A Better Tomorrow Food Pantry

1st & 3rd Monday of every month, 4-6pm.
(617) 381-0300 | 153 B Main St., Everett

Bread of Life Meals and Pantries

<http://www.breadoflifemalden.org/where-we-serve>

Bread of Life—Everett Food Pantry

3rd & 4th Thursday of every month (3-5pm).
For Everett residents only. Proof of address
needed. Families may receive groceries once
every 4 weeks.
(781) 397-0404 | 484 Braodway, Everett

Bread of Life—Malden Food Pantry

Open to residents of Malden, Medford, Everett,
Melrose, Saugus, Stoneham, Wakefield,
Reading, North Reading & Winchester. Proof of
address needed. Families can receive groceries
once every 4 weeks: Wed: 4-6pm Fri: 2-4 pm
(781) 397-0404 | 54 Eastern Ave., Malden

Bread of Life—Malden Evening Meals

Free evening meals *open to all, no registration
needed.* Tues, Wed, Thurs, Fri 5:15-6:30pm.
(781) 397-0404 | Malden First Baptist Church
493 Main St., Malden

St Francis of Assiss Food Pantry

Pantry held Thursdays 3-4pm. *Open to all.* Must
bring photo ID and proof of address.
(781) 396-0423 | 441 Fellsway West, Medford
[www.medfordcollaborative.org/friends-of-
francis-food-pantry.html](http://www.medfordcollaborative.org/friends-of-francis-food-pantry.html)

Unitarian Universalist Church Pantry

Food pantry *open to all:* Thurs 6-7:30pm.
Must provide photo ID and proof of address.
(781) 396-4549 | 147 High St., Medford
www.uumedford.org/connection/food-pantry/

Malden Salvation Army

Food Pantry for Malden, Medford, Everett,
Melrose residents. M-F 10am-2pm. Must call to
make appointment before visiting pantry.
Emergency Financial Assistance for utility bills,
rent, clothing.
Summer Camp for youth 6-16. \$50 for 1 week.
(781) 324 1970 | 213-219 Main St., Malden
[https://massachusetts.salvationarmy.org/MA/
MysticValley](https://massachusetts.salvationarmy.org/MA/MysticValley)

Malden Mobile Market

Free and *open to all.* Do not need to prove
financial need, but must call & pre-register
each month. Pantry open 2nd Saturday of every
month, 1-2pm.
(781) 338-7577 | 239 Commercial St., Malden
[www.melrosewakefield.org/event/mobile-
food-market/all/](http://www.melrosewakefield.org/event/mobile-food-market/all/)

Faith Church Food Pantry

Pantry held 10-11am every Friday &
5-6pm 3rd Friday of every month.
Photo ID needed at first pantry visit.
Free community dinner open to all: 3rd Friday of
month at 6pm.
(781) 662-8226 | 200 Franklin St, Melrose
[www.faithchurchac.org/wp-
content/uploads/2019/08/shfp_brochure.pdf](http://www.faithchurchac.org/wp-content/uploads/2019/08/shfp_brochure.pdf)

Saint Raphael Food Pantry

Tues 10am-12pm. Medford residents only.
(781) 488-5444 | 512 High St., West Medford
[www.saintraphaelparish.org/community-
service/food-pantry/](http://www.saintraphaelparish.org/community-service/food-pantry/)

Project Bread FoodSource Hotline

Call for food resources near you.

800-645-8333 | M-F 8am-7pm, Sat 10am-2pm

During the Summer download SummerEats app or text "FOOD" or "COMIDA" to 877-877 or visit

www.meals4kids.org

First Congregational Church Revere

Food Pantry held Wednesdays 7:00-8:30pm.

(781) 284-4158 | 230 Beach St., Revere

Chelsea Salvation Army

Food Pantry for Chelsea, Revere, East Boston and Winthrop residents. Mon, Tues, & Thurs 9am-12pm. Must call to make appointment and bring photo ID. *Open to all, no ID needed:*

Fresh produce (Wed 12pm)

Community Kitchen (weekdays 12pm)

<https://tinyurl.com/yyo2xsty>

(617) 884-0260 ext 201

258 Chestnut St., Chelsea

Saint Luke's Church Food Pantry

Food pick-up: Sat 9-12pm. Must visit church on Saturdays (12-1pm) to set up appointment before receiving food.

Community Dining: Sat 9-10am (breakfast),

Sat 11am-12pm (lunch). *Open to all, no appointment needed.*

(617) 884-4278 | 201 Washington Ave, Chelsea

<https://tinyurl.com/yytq8x4h>

Everett WIC Program

Parent support groups, child care, children's clothing & adult education. M-F 9am-5pm.

(617) 387-2097 | 484 Broadway #1A

www.chelseareverewicprogram.com

North Suburban WIC Program

(781) 338-7578 | Mon-Thurs 8:30am-4pm

239 Commercial St., Malden

Help applying for SNAP/Food Stamps:

ABCD Malden

Apply for SNAP & learn about more food pantries near you. (781) 321-250.

11 Dartmouth St. Suite #104, Malden

Everett Human Resources

(617) 394-2260 | Mon 8am-4pm, Tues-Thurs 8am-5pm, Fri 8am-12pm.

Connolly Center, 90 Chelsea St., Everett

www.cityofeverett.com/204/Human-Services

Neighborhood Developers/CONNECT

Apply for WIC and SNAP.

(617) 889-1375 ext 128 | Mon-Fri 8am-5pm

4 Gerrish Ave., Chelsea

To see if you qualify for SNAP, see here:

<https://dtaconnect.eohhs.mass.gov/screening>

Department Transitional Assistance (DTA)

Apply for SNAP, cash benefits, emergency housing, job assistance.

Malden (781) 388-7300 | M-F 8am-5pm

245 Commercial St., Malden

Chelsea (617) 551-1700 | M-F 8am-5pm

80 Everett Ave., Chelsea

DTA free mobile app:

www.mass.gov/how-to/download-the-dta-connect-mobile-app

Fair Foods \$2 Bag Program

Receive a large bag of fresh produce for \$2.

Open to all. No ID needed. Call or visit website

to see all times & locations. (617) 288-6185

www.fairfoods.org/dollarbag.html

Fresh Truck for Fruits & Vegetables

Pay with cash, credit, SNAP. *Open to all.*

No ID needed. Call or visit website to see all times & locations. (617) 297-7685

www.aboutfresh.org/fresh-truck/

SUMMER FOOD RESOURCES

Medford Farmer's Market

June-October. Thurs 3-7pm. Pay cash, credit, debit & SNAP coupons. 2501 Mystic Valley Pkwy. www.medfordfarmersmarket.org/

Revere Farmer's Market

July-October. Fri 12:30-4:30pm
Pay cash, credit, debit, WIC & SNAP coupons.
(781) 286-8172 | 249 Broadway, Revere
<https://tinyurl.com/y57etamu>

Chelsea Summer Food Service Program

Free breakfast & lunch for ages 1-18. See website for all food site locations and hours. (617) 466-4000. M-F hours depend on location.
www.chelseama.gov/home/news/summer-food-program-location-hours

East Boston Farmer's Market

July-October. Wed 3-6:30 pm
Pay cash, credit, debit, WIC & SNAP coupons
(617) 568-4783 | Central Square Park
201 Border St., East Boston
www.ebnhc.org/en/food-access/farmers-market.html

Revere Summer Food Service Program

Free lunch to all children June -Aug. Call or see website for all times & locations.
(781) 286-8190
www.revererrec.org/summer-food-service-program

PHYSICAL ACTIVITY

Malden YMCA

Basketball, karate, kickball, dodge ball and lacrosse programs. Healthy Weight and Your Child Program for families & children ages 7-13. (781) 324-7680. For financial help: ext.221
Mon-Fri: 5:30am - 10:00pm
Sat: 7:00am - 8:00pm, Sun: 7:00am - 6:00pm
99 Darmouth St., Malden
<https://www.ymcamalden.org/classes-programs/join-us>

MGH Revere Youth Zone

Free after-school program for youth in Revere and nearby communities. Visit website for registration forms. M-F 2:30-6:00pm
(617) 548-3723 | 300 Broadway, Revere
<https://www.massgeneral.org/revere/youth-zone/mgh-revere-youth-zone.aspx>

MGH Stay in Shape Program

Free after-school program offered at Charlestown, Chelsea and Revere public schools: Rumney Marsh | Clark Avenue | Eugene Wright Science & Technology | Clarence R. Edwards | Harver-Kent Elementary | Chelsea and Revere High School. Call to enroll your child.
(781) 485-6477
<https://www.massgeneral.org/community-health/cchi/community-health-associates/stay-in-shape>

Everett Community Health & Wellness Center

Fitness classes and nutrition programs for children and adults. Visit in person to sign-up. \$15 per person/month; \$150/year.
(617) 394-2390 | 548 Broadway, Everett
<http://www.cityofeverett.com/193/Health-Wellness>

Park L—Northern Strand Community Trail

Walking trail and bike path in Everett.

Revere Aquatics

Swimming Classes for all ages.

<https://www.revereaquatics.com/>

(781) 284-7865 | 176 Garfield Ave., Revere

Medford Parks & Recreation

Activities for all ages and families:

<https://medfordma.myrec.com/info/activities/default.aspx?type=activities>

Athletic fields, libraries, and parks:

<https://medfordma.myrec.com/info/facilities/default.aspx>

(781) 393-2486 | 30 Forest St., Medford

Peabody Parks & Recreation

Activities for all ages and families:

<https://peabodyma.myrec.com/info/activities/default.aspx?type=activities>

Athletic fields, libraries and parks:

<https://peabodyma.myrec.com/info/facilities/default.aspx>

(978) 536-7130 | 50 Farm Ave., Peabody

Revere Parks & Recreation

Low-cost sports & after school programs for all ages: basketball, swimming, music classes & more. (781) 286-8190. Programs held at different location and time.

Parks & Rec Office: 150 Beach St., Revere

Sports program:

<https://www.revererec.org/sports-programs>

All programs: <https://www.revererec.org/copy-of-therapeutic-programming>

Chelsea Parks & Recreation

Low-cost activities for all ages. See website for all activities.

(617) 466-4090 | 500 Broadway, Chelsea

<https://recreation.chelseama.gov/>

Malden Parks and Facilities

<https://www.maldenrec.com/info/facilities/default.aspx>

Revere Parks and Facilities

<https://www.revererec.org/facilities>

Healthy Chelsea- Parks and Facilities

List of playgrounds, parks and family activities.

<http://healthychelsea.org/resources/cat/parks/>

More Healthy Chelsea resources:

<http://healthychelsea.org/resources/>

All Boston Parks and Playgrounds

<https://www.boston.gov/departments/parks-and-recreation/popular-playgrounds-and-parks-boston>

Chelsea Community Center

Basketball court open to all. Children must be accompanied by parent.

\$3 for ages 2-17, \$9 for 18+

(617) 884-8776 | M-F 9am-9pm, Sat-Sun 9-5pm

207 Shurtleff St., Chelsea

West Medford Community Center

English classes, recreational activities, after-school programs.

(781) 483-3042 | M-F 9am-5pm

111 Arlington St., Medford

<http://wmcc.us/about-the-center/>

Outdoors Rx

Free outdoor program for families & children.

Visit website to see upcoming activities and sign up for weekly emails. Outdoorsrx.org

(617) 523-0636 | (617) 391 6632

Tenacity Tennis Summer & Reading program

(STRP) Free & open to all Boston residents ages 6-16. STRP takes place at 23 different sites around Boston. Registration begins in April.

(617) 562-0900

<https://tenacity.org/strp-boston/>

HOUSING & UTILITIES

The Neighborhood Developers/CONNECT

Affordable housing programs.

(617) 889-1375 | M-F 8:30am-5pm

4 Gerrish Ave., Chelsea

<http://theneighborhooddevelopers.org/>

Housing Families Inc.

Emergency shelter, affordable housing, eviction prevention, counseling and free legal services.

(781) 322-9119 | M-F 9am-5pm

919 Eastern Ave., Malden

www.housingfamilies.org/resources/

Local Housing Authorities

Affordable housing programs:

Everett (617) 387-6389

Mon-Thurs 9:00am-4:00pm

393 Ferry St., Everett

<https://www.evha.org/>

Malden (781) 322-9460

Mon, Wed, Thurs 8:30am-4:00pm

Tues 8:30am-7pm, Fri 8:30am-12:30pm

630 Salem St., Malden

www.maldenhousing.org

Chelsea (617) 884-5617

Mon, Tues, Thurs 8:30am-4pm

Wed 8:30am-7:30pm

Fri 8:30am-12:00pm

54 Locke St., Chelsea

<http://www.chelseaha.com/>

Revere (781) 284-4394

Mon-Thurs 8:00am-4:30pm

Fri 8:00am-1:30pm

70 Cooledge St., Revere

<http://www.revereha.com/#top>

North Shore Community Action Program

Housing services: rent and utility assistance, homeless prevention, housing law workshops and free legal services. Adult education: *Free* English classes, Citizenship classes.

978-531-0767 | 19 Rear Foster St., Building 13 Peabody

Action for Boston Community Development

Housing, tax assistance, immigration services, help paying for winter heating bills, clothing, food stamps/SNAP, job search and job readiness programs for adults and teens.

ABCD Malden

(781) 321-2501 | Mon 10am-5pm, Tues-Fri 9am-5pm | 11 Dartmouth St. Suite #104 Malden

<https://bostonabcd.org/location/mystic-valley-opportunity-center/>

All housing services:

https://bostonabcd.org/service_categories/housing/

CAPIC

Fuel assistance (LIHEAP) and weatherization for Chelsea, Revere and Winthrop families.

www.capicinc.org/Eng/E_FuelAssistance.html

(617) 884-6130 | 100 Everett Ave. Unit 14

Malden DTA

Emergency housing, food stamp applications.

(781) 388-7300 | M-F 8am-5pm

245 Commercial St., Malden

MA Emergency Assistance Shelter

All MA residents may call to apply for Emergency Housing. Visit website for requirements. (617) 573-1106

www.mass.gov/how-to/find-emergency-family-shelter

SOCIAL SERVICES & HEALTHCARE

City of Everett Office of Human Services

Receive information on SNAP, fuel assistance, evictions, health insurance, food pantries, housing, physical activity, English classes, and other helpful programs for all Everett residents. (617) 394-2260 | Mon 8am-4pm, Tues-Thurs 8am-5pm, Fri 8am-noon.

Connolly Center, 90 Chelsea St., Everett

<http://www.cityofeverett.com/204/Human-Services>

Women Encouraging Empowerment, Inc.

English classes, job training, academic counseling. (781) 284-4251 | Mon-Fri 9am-5pm
50 Walnut Ave., Revere

<http://www.weewomen.org/programs.html>

Communitas

Career services and resources for parents and children with developmental disabilities.

(781) 587-2200

60 D Audubon Rd., Wakefield

<https://communitasma.org/>

CAPIC

Workforce Development Program

(781) 629-2608

Hospitality Training Program

(857) 334-3406. Both programs held at Irene O'Connell Community Center, 65 Nahant Ave

Bunker Hill Community College

Free English classes, HiSET (High School Equivalency Exam) classes in Spanish and English. Call to enroll.

(617) 228-3341 | 70 Everett Ave., Chelsea

The Immigrant Learning Center

Free English, literacy and technology classes for immigrants and refugees.

(781) 322-9777 | 442 Main St., Malden

<https://www.ilctr.org/programs/>

Medford Family Network

Family support and parenting education program for all Medford residents. Parenting support groups, play groups, *free* English classes and child care during classes.

(781) 393-2106 | 489 Winthrop St., Medford

<http://www.medfordpublicschools.org/departments-programs/medford-family-network/>

Intergenerational Literacy Program

English and reading classes for parents and HiSET (High School Equivalency Exam) preparation in Spanish. Call for class hours.

(617) 466-5154 | 99 Hawthorn St., Chelsea

<https://www.ilpchelsea.com/>

MassHire Career Center

Free credit reports, financial coaching, resume help, job fairs, English classes, college application assistance, immigrant services.

Mon-Th 8:30am-4:30pm, Fri 9:45am-4:30pm.

617-884-4333 | (617) 545-8310

4 Gerrish Ave, Chelsea

<https://masshiremncareers.com/resources/>

Chelsea Collaborative

English classes, immigration services & more.

Chelsea Gets Ready (employment program for youth and adults). Girls Empowerment Group

(ages 13-21) free, meets Saturdays 2-4pm

(617) 889-6080 | 318 Broadway, Chelsea

www.chelseacollab.org/programs

Mass Legal Help—Housing Rights

Call for referral and legal information on housing, employment, immigration & benefits. (617) 603-1700

<https://www.masslegalhelp.org/housing-homelessness>

Chelsea Community Connection Coalition

Kids Clothes Closet: Tues, Wed, Thurs 10am-3pm.

Nurturing Program: classes for parents and children.

(617) 889-7100 | 113 Hawthorne St, Chelsea

<http://www.chelseacc.org/services.html>

ROCA

Program to help young men and women succeed and avoid jail. <https://rocainc.org/>
(617) 889-5210 | 101 Park St, Chelsea

Living Tobacco Free

Free one-on-one coaching in English, Spanish & many other languages. Appointments at MGH Chelsea, Revere, Charlestown and Everett HealthCare Centers. (781) 485-6210

<https://www.massgeneral.org/community-health/cchi/community-health-associates/living-tobacco-free>

Elliot Center

Mental health and substance use recovery services for children, adults, and families.

Mon-Thurs 9am-8pm, Fri 9am-5pm.

(617) 889-5210 | 173 Chelsea St, Everett

<https://www.eliotchs.org/services/outpatient-services/>

ADDITIONAL INFORMATION

Recipes

Visit websites for healthy, low-cost recipes:

www.cookingmatters.org

www.chopchopfamily.org

Free Cell Phone Programs

Assurance Wireless

<http://www.assurancewireless.com/>

Safe Line Wireless

<http://www.Safelinkwireless.com>

Learn about Social Determinants of Health:

English: <https://tinyurl.com/y65xcf5a>

Spanish: <https://tinyurl.com/y39vt2cv>

24/7 Mental Health Helplines

Crisis Text line: Text “Brave” to 741-741 for any sort of crisis. A trained counselor will receive text and respond from secure online platform.

National Suicide Prevention Lifeline:

Call 1-800-273-TALK (8255) to be connected to the closest crisis center in your area. *All lines free & confidential.*

MGH Clay Center for Young Healthy Minds

Free, online educational resource to support mental, emotional, and behavior well-being.

<https://www.mghclaycenter.org/topics/>

MGH ARCH Resources www.arch-mgh.org

Health information & resources for adults, families & youth of all ages. (781) 485-6400

Visit www.c4hprogram.com for more program information and resources for your family.

